Infant and Early Mental Health Promotion | SickKids

KFL&A IEMH Care Pathways Meeting
Agenda

Date	September 18th, 2025
Time	10:30am - 12pm
Location	Teams
Attendees	Rup Patel, Hadir Ashry, Karys Peterson-Katz, Susan Potvin, Anne Biggar, Amanda Evaristo, Jamie Kring, Colleen Fairholme, Leigh Wood, Vicki Casey, Elisa Palmer, Darlene Derbyshire

1. Welcome and Recap

2. IEMH Care Pathways Map
    a. Review and clarify Pathways
        i. They prefer landscape
        ii. Need to change military center to centRE – re, not er
    b. Where are Pathways maps and materials going to be hosted? Website?

3. Information Sheet and Supplementary Document
    a. Proceed with both or one?
        i. Both
    b. Group to input information into shared document(s) post meeting

4. Family Friendly Material
    a. Questions / Clarifications from Survey
        i. Proposal to change title to "Kindergarten to Grade 1"
        ii. What is a possible alternative to the QR code on the materials?
    b. Screening agencies/organizations must be hosted on a website. The link will be included on the materials as well as linked to the QR code.
        i. Where will the page be hosted?

5. Other
    a. What metric(s) on the system of care are being collected across agencies?

Meeting notes:

- **Review and Revision of Pathways Map:** Hadir led the team, including Susan, Karys, Anne Biggar, Vicki, Jamie, Darlene, Colleen, and Elisa, through a detailed review of the KFLA pathways map, incorporating feedback on language, process clarity, and agency roles, resulting in consensus on several revisions and the selection of the landscape layout.
    - **Feedback Incorporation:** Hadir explained that the team had reviewed survey feedback and made changes to the pathways map, including color coding and design adjustments, to improve clarity and prominence of key elements.

    - **Developmental Support Plan Language:** Susan raised concerns about the wording around providing developmental support plans, suggesting more flexible language such as 'arrange' or 'coordinate' to reflect inter-agency collaboration; the group agreed to update the map to use 'arrange for a developmental support plan.'
    - **Agency Roles and Referrals:** Jamie questioned the placement of IIPCT in the map, clarifying that their services are limited to rostered Indigenous families; Hadir confirmed that IIPCT would remain in the central box for internal referrals, not universal access.
    - **Screening Timeframes:** Susan and Karys discussed the timeframe for ASQ administration, advocating for consistency and flexibility; the group agreed to change the screening window to two to three months and to clarify in the supplementary document that clinical judgment should be used.
    - **Layout Selection:** After reviewing both portrait and landscape versions of the map, the group, including input from Jamie, Susan, Darlene, and Vicki, decided to proceed with the landscape layout for practitioner use, citing better visual representation of central agencies.
- **Supplementary Document and Information Sheet Decisions:** Hadir and Karys presented drafts of the information sheet and supplementary document, leading to group consensus, with input from Colleen and others, to provide both resources to practitioners for varying levels of detail.
    - **Resource Overviews:** Hadir described the information sheet as a quick reference with terminology and a practitioner guide, while the supplementary document offers in-depth context, definitions, and agency contact details.
    - **Group Preference:** Colleen and others expressed that having both resources would benefit practitioners who prefer either a quick overview or detailed information, leading to the decision to distribute both.
    - **Next Steps for Input:** Hadir outlined that both documents would be shared with the group for further input, requesting agencies to review and provide their details for inclusion in the supplementary document.
- **Development and Testing of Family Friendly Materials:** Hadir and Karys introduced family friendly materials, including age-specific posters and QR codes, and discussed plans for focus groups with families to refine these resources, with Vicki and Anne Biggar offering support for hosting and suggestions for accessibility.
    - **Poster Content and Terminology:** The group debated the wording of age ranges on posters (e.g., 'children in junior kindergarten to grade one' vs. 'kindergarten to grade one'), with input from Susan, Karys, and Elisa, ultimately agreeing to tailor language based on placement and audience.
    - **Focus Group Logistics:** Karys explained the process for organizing focus groups, including recruitment, timing, and the importance of childminding, with Vicki offering to host at Great Start and Anne Biggar suggesting a virtual option for rural accessibility.
    - **Resource Customization:** Karys noted that the number and type of resources presented to families would be narrowed down based on focus group feedback, ensuring materials are relevant and accessible to the target audience.

- **Sustainability and Hosting of Materials:** Anne Biggar discussed the potential for the Roadmap to Wellness website to host the finalized family friendly materials and pathways, with Hadir confirming the need for a sustainable, centralized location for updates.
    - **Website Hosting Plans:** Anne Biggar shared that she is coordinating with the Roadmap to Wellness group to host the materials, pending technical confirmation, and is open to other organizations taking on this role if needed.
    - **Update and Maintenance:** Hadir emphasized the importance of having a single source for updates and noted that digital Canva versions would be provided for ease of future revisions.
- **Transition of Public Health Lead:** Susan announced her upcoming retirement and introduced Anya Cahill as her successor for the public health nurse lead role, ensuring continuity in the project's leadership.
    - **Leadership Transition:** Susan informed the group of her retirement and that Anya Cahill, a public health nurse with relevant experience, would be taking over her responsibilities, pending final arrangements.
    - **Acknowledgement of Contributions:** Hadir and Susan reflected on the significance of the work and expressed appreciation for the collaborative efforts and Susan's contributions to the project.
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Follow-up tasks:

- **Pathways Map Revision:** Revise the pathways map to update the wording to "arrange for a developmental support plan" and change the ASQ screening timeframe to "two to three months" for consistency, then share the revised map for final approval. (Rup)
- **Information Sheet and Supplementary Document Review:** Share the drafts of the information sheet and supplementary document with the group for input, ensuring agencies provide their details for inclusion in the supplementary document tables. (Hadir)
- **Family Friendly Materials Focus Groups:** Coordinate with organizations (e.g., Great Start) to host in-person and virtual focus groups with families to review and provide feedback on family friendly materials, including arranging childminding and recruitment. (Karys, Vicki, Anne Biggar)
- **Resource Hosting Confirmation:** Send family friendly materials and pathway resources to Anne Biggar for confirmation and coordination with Roadmap to Wellness website for hosting and sustainability. (Hadir, Anne Biggar)
- **Transition of Lead Role:** Ensure Anya Cahill is briefed and transitioned as the new lead for public health involvement in the project following Susan's retirement. (Susan, Anne Biggar, Anya Cahill)