

Hand in Hand

Growing Together Every Day



A program of

SickKids

This Developmental Support Plan is full of activities created to help your child reach his/her developmental goals. These are activities you can do with your child during everyday routines such as:

- Meal time
- Story time
- Play time
- Tidy up time
- Walking and playing outside
- Quiet time



Remember you are your child's favourite toy!

This plan was developed for _____

Age (Months): _____

On (date): _____

Why Our Relationship Matters:





How I Understand You and Talk to Others



What I can already do	My next goal	How you can help me reach my goal
		1.
		2.
		3.

Why this is important:

Empty space for writing the reason why the goal is important.



How I Move My Body



What I can already do	My next goal	How you can help me reach my goal
		1.
		2.
		3.

Why this is important:

Empty space for writing the answer to "Why this is important:"



How I Use My Hands



What I can already do	My next goal	How you can help me reach my goal
		1.
		2.
		3.

Why this is important:



How I Explore and Figure Things Out



What I can already do	My next goal	How you can help me reach my goal
		1.
		2.
		3.

Why this is important:



How I Show Feelings and Act Around Others



What I can already do	My next goal	How you can help me reach my goal
		1.
		2.
		3.

Why this is important:

Empty space for writing the reason why the goal is important.