

# **Upcoming Trainings and Workshops**

## DEVELOPMENTAL SCREENING AND SUPPORT PLAN TRAINING

Fee: \$689.00 | Type: Virtual | Date(s): September 2025 & March 2026 |

Hours: 10.5

This training features the HIH model for promoting the wellbeing of young children and their families/caregivers. HIH is an infant and early mental health promotion, prevention, and intervention model that integrates the science of infant and early mental health, Ages and Stages Questionnaires (ASQs), and Developmental Support Plans (DSPs). Practitioners will gain knowledge, build skill, and learn to use validated tools that strengthen capacity to identify and respond to developmental concerns.

Fall 2025

Winter 2026

#### NURTURING THE SEED (NTS): INDIGENOUS-LED MODEL FOR DEVELOPMENTAL SCREENING AND SUPPORT

Fee: \$689.00 | Type: Virtual | Date(s): October 2025 | Hours: 15

This training features the Nurturing the Seed (NTS) developmental screening and support model, co-developed with Indigenous Elders and practitioners across Canada. Focused on infant and early mental health for children birth to six, NTS integrates promotion, prevention, and early intervention strategies. Using ASQs and DSPs, the model blends science with Indigenous culture, history, and beliefs through a web-based tool that creates family-friendly, strength-based, and culturally responsive support plans.

FOUNDATIONS IN EARLY WELL-BEING: A CERTIFICATE IN INFANT AND EARLY MENTAL HEALTH

Fee: \$1,225.00 | Type: Virtual | Date(s): September 2025 - June 2026 | Hours: 60

The Foundations in Early Well-Being Certificate from IEMHP is a virtual, part-time program designed for professionals across Canada who work with young children and families. It builds knowledge, skills, and confidence to promote well-being, respond to risk, and influence early childhood systems. For more information, please visit the link below:

Please note that we are no longer accepting applications for the September 2025 intake. Registration for the 2026-2027 cohort will open in Spring 2026.

Learn More

#### BEHAVIOUR AS COMMUNICATION: UNDERSTANDING THE BEHAVIOURS OF INFANTS, TODDLERS & PRESCHOOLERS

Fee: \$90.00\* | Type: Virtual | Date(s): November 5th, 2025: 1:00pm - 3:00pm EST

Misinterpreting children's behaviors as disruptive can hinder learning and secure relationships. While traditional behavior-focused approaches may foster co-dysregulation, a developmental lens can help caregivers support children through intense emotions. This session explores the science behind behavior, offering a framework to understand children's needs and an observational tool to identify unhelpful relationship patterns.

Learn More

### HAND IN HAND: DEVELOPMENTAL SUPPORT PLAN TRAINING

Fee: \$371.00 | Type: Virtual | Date(s): November 2025 | Hours: 7

The Hand in Hand (HIH) model uses Developmental Support Plans (DSPs), a familyfriendly tool for practitioners working with infants, young children, and families. HIH equips practitioners to respond to developmental concerns when children need added support or waiting for assessment or targeted intervention. Grounded in a strength-based approach that values child-caregiver relationships, the training builds knowledge and skills to create DSPs and strengthen agency capacity to respond to developmental needs.

Learn More

## TRAIN THE TRAINER: AGES AND STAGES QUESTIONNAIRE (ASQ)

Fee: \$1450.00 | Type: In Person | Date(s): January 2026 | Hours: 16

The ASQ® Training of Trainers (TOT) seminar is designed for experienced users of the ASQ-3 and ASQ:SE-2 tools who will be training others in their organizations. Participants engage in hands-on practice, explore audience-specific considerations, and begin planning their own training sessions, with facilitation tips embedded throughout. To participate in this training, individuals must be already trained on the ASQ and preferably have experience using ASQs in their practice. For more information and/or to enroll please visit the link below:

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#### **REFLECTIVE FAMILY PLAY (RFP)**

Fee: \$650.00\* | Type: In Person & Virtual | Date(s): December 4 & 5, 2025 | Hours: 16

\*Early Bird Pricing. Expires: October 31, 2026. Reflective Family Play is an 8-16-week family therapy that was developed specifically for the infant and preschool population, but it also has applications for older children who may better be served by a play-based model of family intervention Registration for this offer will be open soon. Please check the IEMHP Learning Catalogue for updates:

Learn More

#### LAUSANNE FAMILY PLAY (LFP)

Fee: \$650.00\* | Type: Virtual | Date(s): February 4, 11, 18, 25,

2026 | Hours: 16

\*Early Bird Pricing. Expires: January 30, 2026. Video feedback for parenting has been shown to reduce treatment time and improve outcomes for children with mental health concerns. The approach is brief, flexible for clinic or home settings, and especially valuable while families wait for more intensive services. For more information and/or to enroll please visit the link below:

### **Pre-Recorded Sessions**

# ATTACHMENT: KNOWLEDGE, TOOLS AND INTERVENTIONS TO PROMOTE/REPAIR SECURITY

Fee: \$125.00 | Type: Virtual | Date(s): Recording expires on October 17, 2025

\*This is a recording of a live virtual workshop that took place on October 16, 2024. Please note that those who purchase the recording will only have access to it until October 17, 2025.

In this recording, participants will learn how to recognize markers in the dyad that define the attachment relationship and the infant's developing stress response system. Using an observational framework and tool, participants will learn how to observe the caregiver's behaviour pattern when their infant cues distress. For more information and/or to enroll:

#### Learn More

# THE IMPORTANCE OF SUPPORTING SOCIAL-EMOTIONAL DEVELOPMENT IN CHRONIC/SEVERE MEDICAL CONDITIONS

Fee: \$125.00 | Type: Virtual | Date(s): Recording expires on January 23, 2026

\*This is a recording of live virtual workshop that took place on January 22, 2025. Please note that those who purchase the recording will only have access to it until January 23, 2026.

This session explores how trauma and attachment intersect in these contexts and offers a foundation for improving relationships and promoting healthy social-emotional development to support both mental and physical well-being. For more information and/or to enroll:

#### Learn More

# WORKING WITH MOTHERS EXPERIENCING INTIMATE PARTNER VIOLENCE WITH THEIR INFANTS

Fee: \$90.00 | Type: Virtual | Date(s): Recording expires on November 21, 2025

\*This is a recording of live virtual workshop that took place on November 21, 2024. Please note that those who purchase the recording will only have access to it until November 21, 2025.

This session explores the impact of IPV on early development and includes an interactive virtual scenario simulating a home visit with a mother and infant potentially experiencing IPV, helping participants learn how to respond effectively. For more information and/or to enroll:

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### THE SCIENCE AND THE ART OF INFANT AND FAMILY SLEEP

Fee: \$125.00 | Type: Virtual | Date(s): Recording expires on February 27, 2026

\*This is a recording of live virtual workshop that took place on February 26, 2025. Please note that those who purchase the recording will only have access to it until February 27, 2026.

This session will educate professionals on up-todate science of infant sleep and brain development as well as the art of supporting infant sleep. This will equip professionals to educate parents on infant sleep while promoting infant mental health. For more information and/or to enroll please visit the link below:

## **Self-Paced Trainings**

# AN INTRODUCTION TO THE FOUNDATIONS OF INFANT AND EARLY MENTAL HEALTH

Fee: Free | Type: Virtual | Hours: 2

This updated introductory session provides an overview of early development with a focus on infant and early mental health. Some key concepts and theoretical models that will be explored are the importance of relationships, developing brain. understanding behaviours, cultural competence embedding a family approach into your practice. Practical applications to support these concepts as well as reflective questions will be provided to consider in your practice as you work with infants, young children, and their families.

Learn More

## EARLY LITERACY THREE-PART SERIES

Fee: \$185.00 | Type: Virtual | Hours: ~2.5

Dive into a three-part series that explores how to support children with various developmental disabilities in developing their literacy skills. This series explores Universal Design for Learning, Shared Reading skills, and how to support families in engaging in positive literacy experiences. For more information and/or to enroll:

Learn More

### BIG IDEAS FOR THE CARE OF TINY HUMANS

Fee: Free | Type: Virtual | Hours: ~1.5

This is a five-module video series for Early Childhood Educators that explores infant and early years mental health through the lens of social-emotional development, pedagogy, and wellness. Featuring experts like Dr. Jean Clinton and Lorrie McGee Baird, it includes a reflective guide for Communities of Practice and is supported by Early Years Systems Managers across Ontario, with French resources in development. This training is completed at your own pace, with no firm deadlines or virtual session dates. For more information and/or to enroll: