



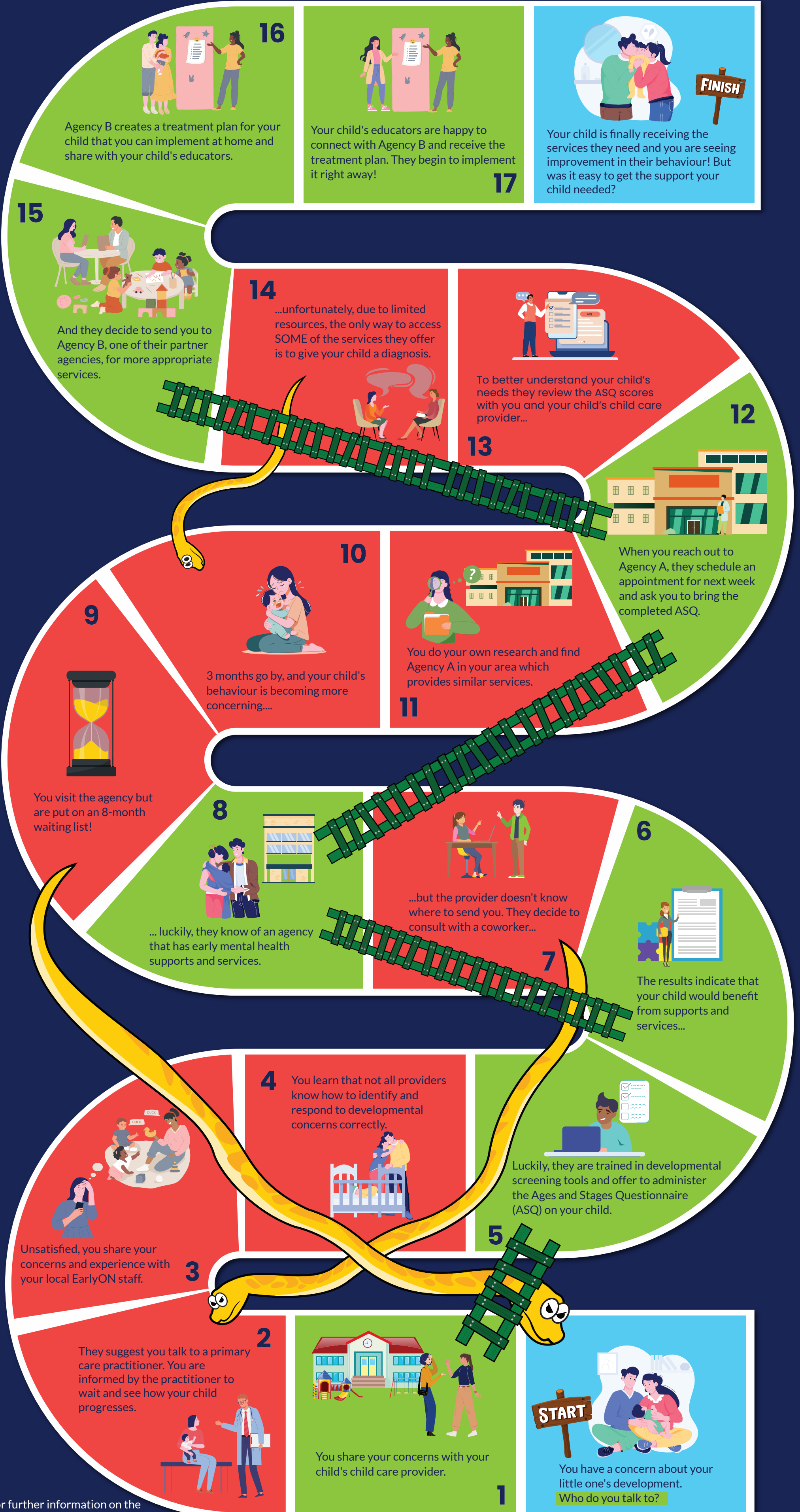


# Infant and Early Mental Health Care Pathways

Infant and Early Mental Health (IEMH) Care Pathways can mitigate the impact of developmental risk, reduce the need for intensive interventions, improve well-being across the lifespan and address a gap in mental health supports and services. 27% of kindergarten-aged children in Canada are at risk for a developmental delay which can significantly affect their overall health and quality of life (Early Development Instrument Report, 2021). IEMH Care Pathways are designed to enhance community collaboration, strengthen organizational capacity to identify developmental concerns early and streamline access to the appropriate supports and services for children from birth to age 6.

## Legend

-  Green Tiles are the steps families need to take to access timely and appropriate IEMH services.
-  Red Tiles are the current barriers and challenges families experience when trying to access IEMH services.
-  Ladders show how IEMH Care Pathways overcome the barriers and challenges to offer an equitable delivery of services.
-  Snakes represent how families can experience setbacks when trying to access appropriate services.



For further information on the IEMH Care Pathways initiative, please contact us: [iemhp.mail@sickkids.ca](mailto:iemhp.mail@sickkids.ca)