



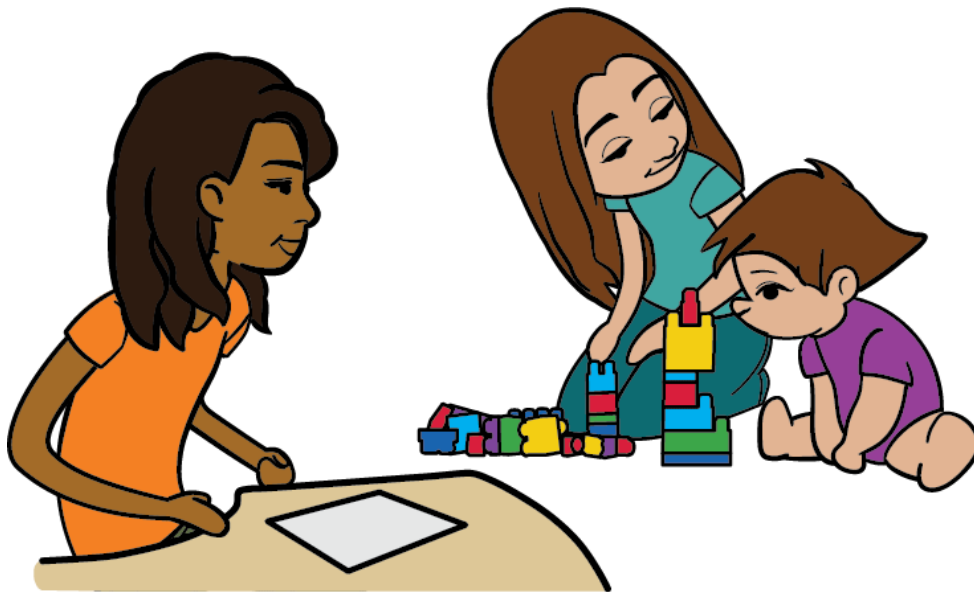
Infant and Early Mental  
Health Promotion

SickKids®

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# Developmental Screening & Strategies for Support: ASQ & DSP Training

A 6-part training for frontline practitioners working with infants, young children, and their families, to recognize and respond to early concerns about a child's development.



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## Ages and Stages Questionnaires (ASQs) & Developmental Support Plans (DSPs) Training

### Training Overview

Welcome to the ***Developmental Screening and Strategies for Support*** training! The objective of this training is to increase knowledge and skill that directly impacts the work practitioners do with infants and young children under the age of 6 and their parents/caregivers. The training is designed to enhance knowledge and skills in recognizing and responding to concerns about a child's development. Upon meeting the requirements of the training, participants will receive a certificate of completion from IEMHP.

In this training, participants will:

- Gain a better understanding of developmental screening and its benefits in supporting children's development.
- Understand, facilitate, score, and interpret the Ages and Stages Questionnaire 3rd edition and the Ages and Stages Questionnaire: Social-Emotional 2nd edition.
- Gain a better understanding of developmental support plans and the benefits in supporting children's development with concrete strategies.
- Implement the knowledge of infant and mental health and developmental screening into their practice and how they support families of young children.
- Understand and navigate the Hand in Hand resource manual and the DSP templates.
- Make the appropriate decisions to support a child's development.

**Prerequisite:** *Introduction to Infant and Early Mental Health* is **required** in advance of enrollment into *Developmental Screening and Strategies for Support* training.

**Learner Acknowledgement:** You will be **required** to complete a Learner Acknowledgement that outlines the expectations of the training.

**Cancellation Policy:** Refunds are applicable if the participant requests withdrawal from the training prior to participating in Part 3: ASQ Coaching Session. If the participant does not make the request prior to the date of the **first** scheduled ASQ Coaching session, and does not attend the session, the fees still apply, and the participant will not be eligible for certification.

Questions?

Contact [iemhp.learning@sickkids.ca](mailto:iemhp.learning@sickkids.ca)



## Training Schedule

Training Part	Duration	Type
1. Orientation	30 minutes	Live Virtual Session
2. Intro to ASQs	2.5 hours	Pre-recorded Webinars, Knowledge Survey, and a Learning Activity
3. ASQ Coaching Session	1.5 hours	Live Virtual Session
4. Intro to DSPs	2 hours	Pre-recorded Webinars, Knowledge Survey, and a Learning Activity
5. DSP Coaching Session	1.5 hours	Live Virtual Session
6. Implementation Session	1.5 hours	Live Virtual Session
Training Closes	<b>Total Duration:</b> 9.5 hours	

Coaching Connect	Duration	Type
Session 1 (3-months after training)	1.5 hours	Live Virtual Session
Session 2 (6-months after training)	1.5 hours	Live Virtual Session
Session 3 (9-months after training)	1.5 hours	Live Virtual Session

## Training Types

**Live Virtual Sessions:** These are live sessions hosted by an IEMHP coach that take place virtually on Zoom. The dates and times for these sessions are pre-set. In some cases, participants may be asked to choose their preferred live session dates and times from a list of available options prior to beginning training. **Please note** our live virtual sessions are **not recorded** and failure to attend will result in your immediate withdrawal from the training.

**Pre-recorded Webinars:** These are pre-recorded video lectures that provide essential information required for the associated coaching sessions, knowledge surveys, and learning activities. The Pre-recorded Webinars can be found in the course module on the Learning Portal.

**Knowledge Surveys:** These are short quizzes that help ensure participants have accurately grasped the key concepts discussed in the pre-recorded webinars. The knowledge surveys can be found in the course module on the Learning Portal directly following the webinars.

**Learning Activities:** These activities are to be completed independently prior to the associated coaching sessions. The instructions for the learning activities can be found in the course module on the Learning Portal. Learning activities must be completed in order to participate in the live virtual coaching sessions.

**Coaching Connect Sessions:** As a continuation of the training, you will be scheduled to attend check ins with a coach three (3), six (6), and nine (9) months after successful completion of the initial training. These sessions are designed to reinforce key concepts, provide an opportunity for participants to ask any questions, and share any experiences since completing the training to receive ongoing support. Participants are asked to submit either a completed ASQ/DSP to [iemhp.learning@sickkids.ca](mailto:iemhp.learning@sickkids.ca) and/or come prepared with questions. These session dates and times are pre-determined prior to the start of training. Participants will receive an outlook calendar invite with the zoom meeting information included. Please ensure you accept this invite when received.

## Training Description

### Completing the Prerequisite Course

To enroll in the training, **you must complete the prerequisite course: *Introduction to Infant and Early Mental Health***. This introductory session provides an overview of early development with a focus on infant and early mental health. Some key concepts and theoretical models that will be explored are the importance of relationships, the developing brain, understanding behaviours, cultural competence and embedding a family approach into your practice. Practical applications to support these concepts as well as reflective questions will be provided to consider in your practice as you work with infants, young children, and their families. This course takes approximately three (3) hours to complete.

Follow the directions below to navigate to and complete the course:

- **Step 1:** Login to the Learning Portal
  - The training will appear under your **MY TRAINING** tab when you log in.



- **Step 2:** Open the Training titled Introduction to Infant and Early Mental Health
- **Step 3:** Complete all course activities:
  - **Complete** the Pre-Training IEMH Attitudes and Beliefs Survey
  - **Complete** the Pre-Training Knowledge Survey
  - **Watch** Webinars A-I
  - **Complete** the Post-Training Knowledge Survey
  - **Complete** the Feedback Survey
- **NOTE:** If you have already *completed Introduction to Infant and Early Mental Health* than no action is required. Move forward to the registration section.

## Registration

To enroll in the training, **you must sign the Learner Acknowledgement** and select your Orientation, ASQ Coaching Session, DSP Coaching Sessions, and Implementation Session (if applicable)

- **Step 1:** Register for the Developmental Screening and Strategies for Support training.
  - On the left-hand side, click on **Purchase**
  - Enter your payment information and complete your enrollment in the training.
  - The training will appear under your **MY TRAINING** tab when you log in.
- **Step 2:** Open the training and read the **TRAINING OVERVIEW**.
- **Step 3:** Scroll down to the bottom of the page and:
  - **Read** and **sign** your Learner Agreement
  - **Select** your Orientation, ASQ Coaching Session, DSP Coaching Session, and Implementation Session (if applicable)
  - **Click** on the **SUPPLEMENTARY INFO** button for your Zoom links for each live session.

### Useful Tips When Registering:

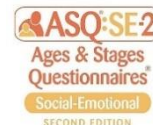
- The training occurs in a sequential order. You must complete the first step before the next step is unlocked.
- If you need to reschedule and attend a different Live Session, click on the **TRANSFER** button for the session on the **PART 1: REGISTRATION** page of your training and select the session you wish to switch into. The deadline to transfer is seven (7) days before the session. If you need to transfer after this date please contact [iemhp.learning@sickkids.ca](mailto:iemhp.learning@sickkids.ca).

## Part 1: Orientation

Join us for a 30-minute live orientation with your training Team, who will go over each component of the training in detail. We will walk through the training website, the Training Information Package, where to find the training materials, details regarding the learning activities and the overall expectations to successfully complete this training and receive a certificate of completion.

- **Step 1:** Please print and/or download the training materials as instructed, found under the **OVERVIEW** section of your training page. Please keep them somewhere safe as we will be referring to them throughout the training.
- **Step 2:** Attend your Orientation Session! Please note our live virtual sessions are **not** recorded and failure to attend will result in your immediate withdrawal from training.

## Part 2: Introduction to ASQs



**Before you start**, you must **PRINT** the *Case Studies and Scoring Exercise* package and *ASQ:SE2 Behavioural Areas and Cheat Sheet* Documents found under *Part 3: Introduction to ASQs* of the **TRAINING MATERIALS** section of your training page.

This session will introduce and overview the Ages & Stages Questionnaires: 3rd edition and Social-Emotional: 2nd edition. Participants will learn how to screen for delays in the developmental areas of communication, gross motor, fine motor, problem-solving and personal-social. Research has demonstrated that early identification and intervention are crucial to increasing the likelihood of positive outcomes for children identified as having a developmental delay.

### **Part 2a. Pre-Recorded Webinars**

- **Step 1:** Watch ASQ Webinars

<b>Webinar Section</b>	<b>Duration</b>
Section A: Introduction to Developmental Screening	20 mins
Section B: Introduction to the ASQ:3	28 mins
Section C: Introduction to the ASQ:SE2	32 mins
Section D: Key Components of the ASQs	28 mins



## **Part 2b. ASQ Post Webinar Knowledge Survey**

- **Step 1:** Complete the ASQ Post-Webinar Knowledge Survey (A score of 5/5 must be received to be considered complete)

## **Part 2c. ASQ Learning Activity**

In your *Case Studies and Scoring Exercise* package, complete the scoring for Emma, Adam, Darcey, Logan and Devon. This must be completed **before** your ASQ Coaching Session. If you have questions, contact [iemhp.learning@sickkids.ca](mailto:iemhp.learning@sickkids.ca)

- **Step 1:** Complete the ASQ Learning Activity. **PRINT and SCORE** all the cases in the *Case Studies and Scoring Exercise* package.

## **Part 3: ASQ Coaching Session**

Your Coach will assign each participant a case study to present to ensure all case studies have been scored accurately, as well as go over any questions you have from Part 3 and address any other questions about engaging with families using the ASQs.

- **Step 1:** Review the instructions and save the Zoom link under the **SUPPLEMENTARY INFO** button for your selected ASQ Coaching Session on **Part 1: REGISTRATION** page of the training.
- **Step 2:** Ensure you have completed your ASQ Learning Activity, and bring your *Case Studies and Scoring Exercise* package, as well as the *ASQ:SE2 Behavioural Areas and Cheat Sheet* package to your coaching session.
- **Step 3:** Attend and participate in the ASQ Coaching Session. Please note our live virtual sessions are **not** recorded and failure to attend will result in your immediate withdrawal from training.

## **Part 4: Introduction to DSPs**



**Before you start, DOWNLOAD and SAVE** all the documents to your computer as found under *Part 4: Introduction to DSPs* of the **TRAINING MATERIALS** section of your training page.

Participants will learn how to use the results of the developmental screen, observations, and caregiver report to create a DSP unique to each child. These DSPs are strengths-based and age-appropriate for

each child, and unique to the needs of the family. They can be used throughout professional practice to enhance interactions between caregivers and the child.

### **Part 4a. Webinars**

- **Step 1:** Watch the DSP Webinars

<b>Webinar Section</b>	<b>Duration</b>
Section A: Introduction to Developmental Support Plans	13 mins
Section B: What Informs a DSP	14 mins
Section C: Key Components of a DSP and How to Create a DSP	35 mins

### **Part 4b. DSP Post Webinar Knowledge Survey**

- **Step 1:** Complete the DSP Post-Webinar Knowledge Survey (A score of 5/5 must be received to be considered complete)

### **Part 4c. Learning Activity**

Participants are expected to know how to navigate the resource manual (find goals and strategies), copy and paste between the resource manual and the DSP template, and make edits within the DSP template. If you have questions, contact [iemhp.learning@sickkids.ca](mailto:iemhp.learning@sickkids.ca).

- **Step 1:** Complete the DSP Learning Activity. **DOWNLOAD and SAVE** all the documents to your computer as found under *Part 4: Introduction to DSPs* of the **TRAINING MATERIALS** section of your training page. Practice using the resource manual and the templates prior to the coaching session.

## **Part 5: DSP Coaching Session**

As a group, we will complete at least one other DSP from the *Case Studies and Scoring Exercises* package. The Coach will go over any questions you have from Part 4 and address any other questions regarding engaging with families using a DSP.

- **Step 1:** Review the instructions and save the Zoom link under the **SUPPLEMENTARY INFO** button for your selected DSP Coaching Session **on Part 1: REGISTRATION** page of the training.
- **Step 2:** Ensure you have completed the Learning Activity in preparation of your coaching session.
- **Step 3:** Attend and participate in DSP Coaching Session. Please note our live virtual sessions are **not** recorded and failure to attend will result in your immediate withdrawal from training.





## Part 6: Implementation Session

The Implementation session is intended to create opportunities to discuss how a practitioner may embed the knowledge and skills developed in the training into their practice. Further conversation about how to discuss developmental screening, share results, engage families in creating DSPs, as well as providing ongoing support to families will be explored.

- **Step 1:** Review the instructions and save the Zoom link under the **SUPPLEMENTARY INFO** button for your selected Implementation Session on **Part 1: REGISTRATION** page of the training.
- **Step 2:** Attend and participate in your Implementation Session. Please note our live virtual sessions are **not** recorded and failure to attend will result in your immediate withdrawal from training.

## Certificate Retrieval

Once you have completed all the required training activities you will be issued a certificate of completion. Please follow these steps to retrieve a copy of your certificate:

- **Step 1: Complete the Reflection Feedback Survey on the Learning Portal. Please note you must complete the survey (as well as all other training activities) to access your certificate.**
  - a. Be advised, the course module closes after a particular date. Review the email notification you receive after your Implementation Session carefully and ensure you complete all required training components as soon as possible.
- **Step 2:** Log in to your account on the Learning Portal
- **Step 3:** Click the Gear icon in the top right hand corner
- **Step 4:** Select 'My Progress' from the drop down menu (NOTE: this is **not** the same as the 'My Progress' tab on the top banner)
- **Step 5:** Find the relevant training title
- **Step 6:** Click the 'Certificate button' to download your certificate

If you have questions or require assistance, please contact [iemhp.learning@sickkids.ca](mailto:iemhp.learning@sickkids.ca)



## Coaching Connect Sessions

As a continuation of the training, you will be scheduled to attend check ins with a coach three (3), six (6), and nine (9) months after successful completion of the initial training. These sessions are designed to reinforce key concepts, provide an opportunity for participants to ask any questions, and share any experiences since completing the training to receive ongoing support. Participants are asked to submit either a completed ASQ/DSP to [iemhp.learning@sickkids.ca](mailto:iemhp.learning@sickkids.ca) and/or come prepared with questions.

- **Step 1:** Accept the three (3) coaching connect session calendar invites. Participants can expect these shortly after their implementation session and will be sent from [iemhp.learning@sickkids.ca](mailto:iemhp.learning@sickkids.ca)
- **Step 2:** Submit a completed ASQ/DSP to [iemhp.learning@sickkids.ca](mailto:iemhp.learning@sickkids.ca) and/or prepare questions to ask.
- **Step 3:** Review the instructions and save the Zoom link included in the Calendar invite.
- **Step 4:** Attend and participant in your coaching connect sessions