Infant and Early Mental Health Promotion | SickKids

IEMH Care Pathways – KFL&A
Agenda

Date	November 17, 2025
Time	1:30pm – 3:00pm
Location	Teams
Attendees	Rup Patel, Karys Peterson-Katz, Anja Cahill, Anne, Biggar, Pam Kent, Jennie Hill, Jennifer Baker, Jamie Kring

1. Welcome

2. Finalize Maps
    a. IEMH Care Pathway Map
    b. Information Sheet
    c. Supplementary Document

3. Finalize Family-Friendly Materials

4. Discuss Communication and Dissemination Plan
    a. Hosting of IEMH Care Pathways materials
    b. Launch Event

IEMH Care Pathway Map Changes:

- Only keep "KidsInclusive (SmartStart Hub)" under For Developmental Support; delete the duplicate
- Keep EarlyON as is, despite multiple agencies offering it
- Update to FOR SCHOOL AGED-CHILDREN (3.9-6 YEARS OLD): School-Based Supports
- Remove "If the family is already connected with one of these organizations, please encourage them to follow up directly:"

Supplementary Document

- Include "The Roadmap to Wellness: (613) 546-8535" for contact information
- Partners will be asked to complete the Appendices

Family-Friendly Materials

- Change it to "Where Can I Go to Learn More about my Child's Development?"
- Babies, Toddlers, and Preschool Children
    - Change the colors something else that is gender neutral
- Children in Junior Kindergarten to Grade 1
    - Replace focus question to "How can I help my child with transitions?"
    - Change:
        - Picture of child eating on second flyer

- Self-soothe, eye contact, hear me questions to strength-based questions

Hosting

- Anne will connect with her IT team regarding setting up the website; Rup to support

Launch Event

- May choose to do virtual due to the size of the community
- Anja will look for spaces to host an in-person event
- Looking at early Spring for the event

Next Steps:

1. IEMHP
    a. Update and recirculate materials for approval
    b. Send Anja the KFLA contact list
2. Anne
    a. Connect with IT team regarding hosting the website