



# I hear your voice

I have been hearing your voice for months before I was born. Your voice comforts me.

 You are here. That makes all the difference.

Ask my care team about the **From the heart** booklet

# I am yours

I love it when you are with me.



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# I am communicating with you

Even before I can talk, I am communicating with you through my facial expressions, my movements, and my sounds.

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# I know you are here with me

When you are here and watching me, I can feel your presence. Being close strengthens our connection.



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# Be my voice

As we get to know each other, you will learn what helps me. You can share information with my NICU team.

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# I love your touch

Any time you are here with me, your gentle but firm touch helps me feel safe.

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# You are my champion

You mean the world to me. Thank you for being part of my NICU journey.



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